

IIE and Mode Use Worksheet

Brief Description of Event	Expression of strong emotion	Intimate self - disclosures	Power dilemmas	Non-verbal cues	Crisis points	Resistance & reluctance	Boundary testing	Empathic breaks	Emotionally charged therapy tasks &	Limitations of therapy	Contextual inconsistencies	Mode used (circle)	Mode change? (circle)
												A C Em En I PS	A C Em En I PS
												A C Em En I PS	A C Em En I PS
												A C Em En I PS	A C Em En I PS
Reflection:													

*A= advocating, C= collaborating, Em= empathizing, En= encouraging, I= instructing, PS= problem solving